This easy read plan tells you about the work East Riding of Yorkshire CCG has done in 2015-16 and our plans for 2016-17.
Who we are and what we do

NHS East Riding of Yorkshire Clinical Commissioning Group (CCG) is in charge of buying health services for people that live in East Riding of Yorkshire.

Our main office is at:

Health House,
Grange Park Lane,
Willerby, Hull, East Yorkshire
HU10 6DT.

NHS East Riding of Yorkshire CCG is a group made up of 36 doctors surgeries. We are working together to make sure that people in East Riding of Yorkshire have the best care possible.

How the CCG works

CCGs put local doctors in charge of deciding what health services local people need.
We work with other health and social care professionals, patients and carers to make sure that health and social care services work well.

We have a budget of £379m a year to do this. This money is spent on different health services such as:

- Hospitals
- Emergency care
- Community health services
- Mental health and learning disability services
- Maternity and services for children and young people.

We want to make sure that these services work well for patients, carers and members of the public and that the care people get is the best.
Working in partnership

We work together with lots of different health and social care organisations to make sure the people who live in East Riding of Yorkshire get the services they need.

Our year in health - the work we have done over the past year.

April 2015
We launched a new campaign to help patients and members of the public look after their mental health. We set up a new Talking Therapy service for people aged 18 years or over.

May 2015
More people are being diagnosed with dementia. This means that more people can access the right support and treatment earlier. This can help people with their symptoms and give people more time to plan for the future.
June 2015
Annual General Meeting a success
Over 100 people came to our Annual General Meeting to hear about how we are making services better.

July 2015
Lots of health and social care professionals came to our ‘Better Care’ conference. This conference looked at some of the local work that is happening to make ‘Better Care’ work.

August 2015
We set up a project to look at the things that affect older peoples health. The project was called EASYCare.

People take part in a short telephone interview to find out about any needs or worries (not necessarily medical) that may have an impact on their overall health and well-being, like being lonely or poor housing.
People are then given information and advice about services that could support them.

**September 2015**
We worked with Hull & East Yorkshire Hospitals, Humber NHS Foundation Trust, City Healthcare Partnership, Hull College, The University of Hull and Hull CCG to run a careers event for school children.

120 year 9 students came to this event. This was a great chance for young people to think about a career in health and social care.

**October 2015**
We were given a £230,000 grant to help set up a new dementia support service. This service will help dementia patients, carers and family get the support they need.
November 2015
We have launched a new booklet called ‘Help Us to Help You Look After Your Own Health’, as part of Self Care Week.

This booklet tells people how they can care for themselves at home with a well-stocked medicine cabinet, make healthy lifestyle choices and choose the right NHS Service.

December 2015
We were given £686,000 to help us make sure our mental health and wellbeing services are the best they can be for children and young people.

We have used this money to set up a 24/7 crisis team and make sure our community eating disorder service has more staff and resources.
January 2016
We have worked closely with Hull CCG and Hull and East Yorkshire Hospitals to make sure patients get home sooner rather than end up staying in hospital for a long time.

February 2016
Nurses from Hull and East Riding have created a shared vision. The vision looks at how local nurses, midwives and leaders in health will work together to make sure patients always receive safe, high quality care.

March 2016
We spent £2 million pounds more than we should on prescriptions. So we have written a new plan to change this with the help of everyone.

Help us to help you...
...make the best use of NHS money

The risks we face
Every year, we look at the things we want to do and see if there are any risks to doing this. This is called a risk assessment. If a risk is high we look at what we can do to lower these risks.
At the beginning of 2015/16, we found 6 risks that were assessed as major. We looked at these risks and what we could do to lower this. We have managed to do this with 2 of these risks but we still have 4 to work on.

Our vision (plan) for the future

Our long term goals are to:

1. Support older people to be independent - we want people to enjoy a long healthy life and live independently in the local community.

2. Lower health inequalities - we want to make sure that everyone gets the best health care.

3. Make children’s mental and physical health better - we want to make sure children have the best start in life as this will make their adult lives better.
Our plans for 2016-2017
We will work hard to make sure people get better care that is more local.

Over the next year we will work on 6 key things:

1. Supporting people to take control of their own health and care. This means that GP practices will need to work together so that people can access the services they need.

2. Making sure that people get the right care, by the right person, in the right place at the right time. To be able to do this we will need to work closely with other health and social care services.

3. We will make sure health and social care services are more joined up so that people can get support at home or in their local community. This will stop some people using hospitals or being admitted to a care home.
4. Changing and redesigning urgent care to make sure patients have better access to a range of local services to use instead of using emergency services.

5. We will make sure our health services for people with Mental Health, Learning Disabilities, Dementia, Depression or anxiety are better.

6. We are commissioning (buying) new community based health services which will better meet the needs of patients and carers.

We think that by doing these things people who live in East Riding of Yorkshire will be able to care for and be in charge of their own health.
What will be different by the end of 2016-2017?

• We will use more technology to let GPs and consultants talk. This will mean that GPs can better care for and advise patients which may stop them needing to go to hospital.

• Patients will be more involved in the development and delivery of their personalised care plan.

• People who use our services will have more information and advice. This will help them take more control of their own health and care.

• People who need treatment quickly will have improved care.
• We will help more people to recover from injury or illness.

• We will buy more services to help people get out of hospital sooner.

If you want to read more about our plans or get involved in the work we do you can visit our website: http://www.eastridingofyorkshireccg.nhs.uk/publications/